

MODULE C

Sex, Morality,
Shame and Blame

6 EXERCISE

WHERE DID YOU GET IT?



OBJECTIVES

Participants will be able to:

- See that asking PLHAs "where did you get it" can be judging or stigmatizing
- Analyze why people always ask this question when they meet PLHAs
- Explain how this question makes PLHAs feel
- Formulate arguments to counter this type of question when it occurs



TIME

30 minutes



MATERIALS

Character Cards.
Finger Pointing Pictures
(A2 & A3)



PREPARATION

Make up a simple song or chant with the words "WHERE DID YOU GET IT?" in English or a local language. Ask participants to help you.

ACTIVITIES

Game and Song

INTRODUCTION

Explain that this session will look at why the first thing people always ask PLHAs is "Where did you get it!"

Introduce the song or chant and get everyone singing/chanting it, walking around in a circle. Then ask people to stop and explain the game.

Pass the object (masking tape) around the circle. When the leader claps, the person holding the object at that time has to step into the center of the circle. The whole group points their fingers at him/her and chants 3 times, "**Where did you get it?**" The person in the centre responds to the same beat as the chant—"I got it from my husband." Record on flipchart and continue the game.

Buzz Groups

WHY DO WE ASK THIS QUESTION?

- How did you feel when asked this question with everyone pointing fingers?
- Why do we ask this question: "Where did you get it?"
- Does the answer make a difference to how we respond to that person?

Report back

Help the group to see that:

- This question is judging—we want to know how people have "sinned."
- The question makes PLHAs feel bad or condemned.

ACTION IDEA

Try out these new ways of challenging stigma, in your community whenever you hear or see someone stigmatizing.



- Maybe it reassures us if we find out that the person got it by doing something that we have not done!

Stop-Start Drama

HOW TO COUNTER THIS RESPONSE

Discuss

“How can we counter this stigmatizing behavior when it occurs in a social situation?” Play it out—a few actors in the circle.

Discuss after each drama and invite others to take over the roles and try out different ways of challenging this behavior.